



Birth checklist

In order to guide you and make sure you don't forget anything, Noukie's put together a checklist of essential items to help you start on this new adventure which will be the best in your life.

SLEEPING ESSENTIALS

Sleeping bags & Angel Nests (Summer/Winter)	
Blankets	
Cuddle toy / First blanket	
Baby bed	
Bedbumper	
Matrasses (Bed / Cradle)	
Fitted sheets	
Mattress protector	
Closet	
Chest of drawers / changing table	
Playmat	
Music mobile	

THE LITTLE EXTRAS

Cradle	
Co-sleeping cradle	
Baby basket	
Night light / bedside lamp	
Decoration (wall stickers...)	
Storage basket	
Travel bed	
Matras for a travel bed	
Duvet (after 1 year)	
Duvet covers	
Bed Heaven	
Alarm clock	
Heating pad	

CLOTHING ESSENTIALS

Pyjamas	
Bodys for newborn	
Bodysuits with long or short sleeves	
Hat / Set of mittens	
Trousers / t-shirts / socks	
Soft shoes / slippers	
Jacket	
Sleeping bags	

PLAY ESSENTIALS

Doudous	
Soft toys	
Musical Soft toys	
Musical mobile	
Fun activities spiral	
Relax	
Toys	
Playpen	
Playpen mat	

THE LITTLE EXTRAS

Bean bag	
Teething ring	

OUT AND ABOUT ESSENTIALS

Stroller	
Walking blanket	
Diaper bag	
Blankets	

THE LITTLE EXTRAS

Baby carrier	
Umbrella / rain cover	
Bicycle seat / helmet / Bicycle cart	

IN THE CAR ESSENTIALS

Portable car seat	
Group 1 car seat	
Walk blanket	
Footmuff	

THE LITTLE EXTRAS

Base for car seat	
Portable car seat accessories	
Seat cover	
Car mirror	
Toys for the car	
Car storage bag	

AT TABLE ESSENTIALS

Bibs	
Baby bottles	
Steriliser	
Bottle warmer	
High chair, 2 heights	
Plates / bowls / cutlery / spoons	
Learning cups	
Conservative jars	
Soothers	
Brush for bottles / teats	

THE LITTLE EXTRAS

Steam cooker/mixer	
Booster seat	
Cushion for a high chair	
Cooling bag	
Milk powder	
Breastfeeding scarf	
Nipple protector	
Conservation jars	
Breast milk	

FOR MOMMY ESSENTIALS

Manual milk pump	
Maternity underwear	
Breastfeeding bra	
Breastfeeding pillow	
Washable breast compress	

THE LITTLE EXTRAS

Dream belt	
Maternity support belt	
Care products for pregnant women	
Pregnancy clock	

CARE ESSENTIALS

Changing table with or without bathtub	
Nappy cushion	
Bathtub / bath thermometer	
Toothbrush set	
Medical thermometer	
Diaper bag	
Washcloth / bathcape cleaning lotion	
Swaddles	
Manicureset / brush and comb	
Wet wipes / nappy cream	
Salt solution	

THE LITTLE EXTRAS

Humidifier	
Aerosol	
Diaper bin	
Towels / bathrobe or poncho	
Support for bathtub / bathroom	
Antislipmatts	
Care kit	
18 to 24 reusable nappies	
Bathroomtoys	
WC-ring	
Footboard	

GIFTS ESSENTIALS

Health booklet	
Photo album	
Hand or foot print	
Diary for baby's	
Photo frames	
Babyalbum	
Souvenir cards	

